THE REMOTE WORK INDEX

I RULE! Exercise

LET'S GET YOU WARMED UP!

Give yourself 5 minutes on the clock to think about and write down all the things you can do. Be as specific as you can and come up with as many skills as you can. Write them down one per line – or use post-its. Think about what you're good at, what you love to do, what you get complimented on, etc.

Here Already? *Feel free to continue on the other side*